

Grindleton C.E. Primary School



In the same way, let your light shine before others that they may see your good deeds and glorify your father in heaven.'

Matthew 5 v16

Physical Education Policy Statement

AIMS

The aims of the Physical Education (PE) programme are directly related to the overall aims of the school- As a school we aim to provide challenging work in achievable steps, and to give every child a feeling of success. In developing a child's self-esteem take every opportunity to acknowledge their contribution as valuable.

- a) To ensure that all children develop their physical potential; through a variety of activities.
- b) To offer a range of opportunities that seek to enhance psycho-motor development and aesthetic awareness.
- c) To enhance social skills, to develop co-operation between children, a sense of fair play and to encourage a competitive spirit.
- d) To develop a knowledge and understanding of the subject and the activities which pupils undertake.
- e) To make pupils aware of health related aspects.
- f) To give the children opportunities for planning, participation and assessment of their own work and that of others
- g) To deliver all the above through the national Curriculum for Physical Education Programme of Study
- h) To offer a range of extra-curricular activities which draw on skills developed within the curriculum proper.

- i) Children have two lessons each week, swimming counts as one lesson.

DRESS

- The children change into clothing appropriate to the proposed activity.
 - The kit recommended by the school for gymnastics, dance, athletics and games is shorts and T-shirt.
 - Long hair should be secured.
 - For swimming the children change into trunks or swimming costume.
 - The children work in bare feet or light shoes during dance and gymnastic activities and wear pumps or training shoes for games activities (hard play areas).
- The staff should wear appropriate clothing. The local pool insist on a change of footwear at the poolside.
 - Normally the children will change in the classroom.
- **SAFETY**

The school will follow the safety requirements as laid down by the guide lines in 'SAFE PRACTICE IN PHYSICAL EDUCATION'.

In addition, teachers should ensure that there is a safe working environment whatever the activity is being undertaken.

NON-PARTICIPANTS

- a) All children should participate in P.E. activities, as far as is possible,
- b) A note signed by a parent or guardian is expected if a child is not to participate fully in P.E. activities.
It may be appropriate to request a doctor's note following a series of notes from a parent/guardian.
- c) Non-participants should be encouraged to take as active a part as possible in the activities, e.g. refereeing, timekeeping, scoring, evaluation of performance etc.
- d) Children who are unable to go swimming may attend the pool and be allocated tasks related to the swimming lesson.
- e) Children will be expected to provide their own kit, which will be kept in school until it is taken home for laundering. Children who forget kit will be loaned some from the kit available in school. The regular borrowing of kit should be monitored.

SPECIAL EDUCATIONAL NEEDS

Any child with special educational needs will participate in all activities as far as possible according to his/her abilities, in close consultation with updated records, the special needs co-ordinator, the parent/guardians, and any special needs personnel.

EQUAL OPPORTUNITIES

Equal access to all aspects of the Education curriculum will be available to all children. Mixed class activities will be the norm during Physical Education.

CURRICULUM DELIVERY

The teacher will generally be responsible for physical educational provision for the class in addition to the extra staff/arrangements required for swimming. They will deliver all aspects of the National Curriculum programmes of study.

PLANNING CONTINUITY AND PROGRESSION

- a) The basis for all our work will be guided by the National Curriculum for Physical Education Programmes of Study.
- b) The programme of work and time allocation ensures a continuous balanced and progressive programme for each child from Reception to Year 6, with differentiation built into all lessons dependent on the age and skill level of the children. The plan also takes into account seasonal influences and staff strengths in delivering particular activities.
- c) The lessons will be planned as curriculum units.
- d) The programme will be developed in close consultation with all staff involved in the delivery of PE.

ASSESSMENT

- a) The whole P.E. programme will constantly be monitored and reviewed when necessary. Essentially by the co-ordinator but again in consultation with the teaching staff.
- b) The children will be assessed in all areas of activities covered in Physical Education throughout each year. A written record will be made each year to be passed on to subsequent teachers. Strengths and weaknesses will be identified.

This method of assessment will be updated following any County directive or advice on the issue.

STAFF DEVELOPMENT

- a) Wherever possible, relevant courses will be attended and ideas disseminated to colleagues.
- b) Consultations with the Advisor or Advisory teacher will be undertaken when necessary.

RESOURCES

Safe Practice in Physical Education
National Curriculum in Physical Education
copies
Lancashire Scheme of Work & progression documents

Server & Staffroom
Server, Staff Library & own
Server & Staffroom

Written; November 2023
To be reviewed; September 2024

Signed:

Chair of Governors